DISHES AND THEIR ALLERGEN CONTENT – Bell Inn Evercreech + Evercreech Primary School: Daily List

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISAMI		Boer
Main Meals Blue Week	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupine	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fishcakes		✓			✓		✓		✓					
Salmon Cakes		✓		✓	√		✓			✓				
Vegetable Cakes		✓												
Cottage Pie	✓	✓			✓		✓						✓	
Quorn Pie	✓	✓		✓			✓						✓	
Ham Pasta Bake		✓					✓		✓					
Tomato Sauce														
Sweet & Sour Pork	✓													
Sweet & Sour Quorn	✓			✓										
Roast Chicken		✓											✓	
Quorn Roast		✓		✓			✓						✓	

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